

Coaching Guide

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Executive & Life Coach | Strategic Advisor | AI Entrepreneur

Overview

This Coaching Guide is intended for leaders, professionals, and individuals exploring a powerful, future-forward coaching partnership. Whether you're navigating complex leadership, seeking clarity in life direction, or aiming for financial independence, this guide outlines how coaching with Radha Mahalingam can support your transformation.

About Your Coach

Radha Mahalingam is an ICF-Certified Coach (PCC) with over 25 years of global executive experience across Fortune 500s, technology ventures, and advisory boards. As a former executive at IBM, DXC, and PwC, Radha integrates business acumen with reflective coaching and behavioral science.

His coaching style blends:

- Strategic insight with emotional intelligence
 - Systems thinking with personal mastery
 - Deep listening with actionable transformation
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Coaching Focus Areas

◆ Executive Coaching

For senior leaders and high-performing professionals:

- Strategic clarity, influence, and executive presence
- Leadership identity and complex decision-making
- Board alignment, visibility, and stakeholder impact

◆ Life Coaching

For individuals seeking growth, alignment, and purpose:

- Clarity on values, vision, and life direction
- Habit design, resilience, and inner mastery
- Navigating personal or career transitions with intention

◆ **Personal Finance Coaching**

For professionals working toward financial independence:

- Budget discipline and wealth-building strategies
 - Retirement and long-term financial planning
 - Peace of mind through sustainable money systems
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🔧 **Coaching Engagement Options**

🟪 **1:1 Executive Coaching**

- 3 or 6-month engagement
- Biweekly 60-minute sessions
- Co-designed coaching goals
- Asynchronous support between sessions

🟡 **Founder Clarity Sprint**

- 30-day intensive container
- 3 focused sessions
- Ideal for fast decision-making and strategic direction

🟢 **Life/Finance Coaching Program**

- 8-session engagement
- Flexible cadence (weekly or biweekly)
- Covers purpose, systems, wellness, and money alignment

All coaching is confidential and anchored in ICF ethics.

🧩 **What Makes This Coaching Unique**

- 🔄 **Systems Approach** – Looks at behaviors, beliefs, and structures that shape results
- 💬 **Thought Partnership** – Deep listening, challenge, and insight
- 🧠 **Strategic Depth** – Experience from boardroom to personal growth
- 🧘 **Human Centered** – Space to think, feel, and grow holistically

💡 Client Profiles

- Founders/CxOs at a career inflection point
 - Mid-career professionals navigating “what’s next”
 - High achievers seeking clarity or purpose
 - Engineers, product leaders, or creatives seeking leadership identity
 - Professionals ready to reclaim time, energy, and financial wellness
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🔄 How Coaching Works

Step	Description
1. Discovery Call	Free 30-min call to explore fit, needs, and goals
2. Onboarding	Intake forms, agreement, goal alignment
3. Coaching Begins	Biweekly sessions + tools/resources
4. Reflection & Results	Progress review, closure, next steps

📅 Ready to Begin?

Start with a clarity conversation. There’s no pressure—only potential.

📅 Book a Discovery Call

<https://calendly.com/rmkrishn/30min>

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